



T:SLIM X2 INSULIN PUMP Sleep Activity

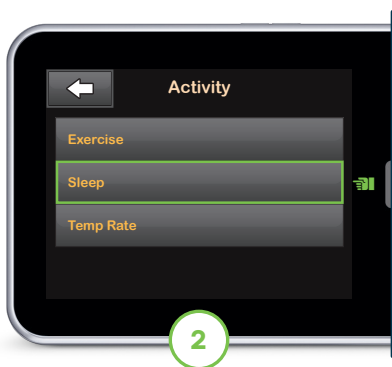


The t:slim X2 insulin pump can be programmed to automatically switch into the Sleep Activity. Two Sleep Schedules can be set.



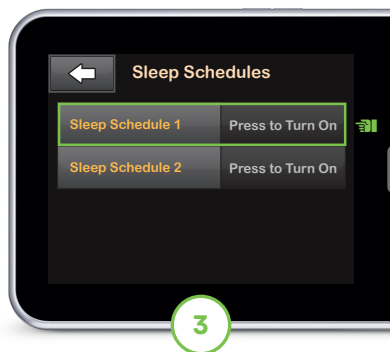
From the Home screen, tap **OPTIONS** and then **Activity**.

► **Note:** These instructions are provided as a reference tool for pump users and caregivers who are already familiar with the use of an insulin pump and with insulin therapy in general. Not all screens are shown. For more detailed information on the operation of the t:slim X2 pump, please refer to its user guide.



Tap **Sleep**.

► **Note:** Multiple Activities may not be enabled at the same time. If programmed, Sleep Schedule(s) will automatically start once Exercise is disabled.

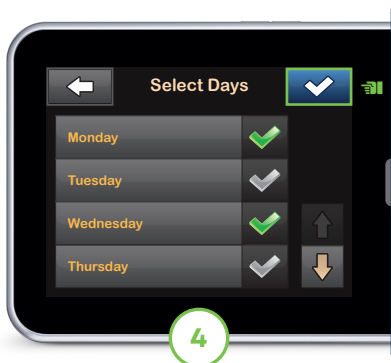



Tap **Sleep Schedules** and then tap a Sleep Schedule.

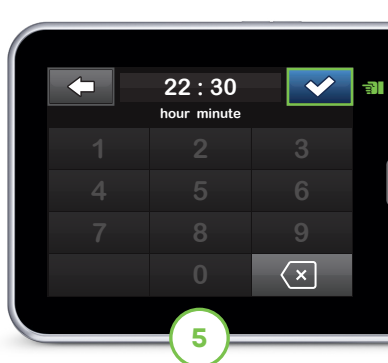
► **Note:** If the Sleep Schedules are not programmed, the Sleep Activity must be manually turned on/off.





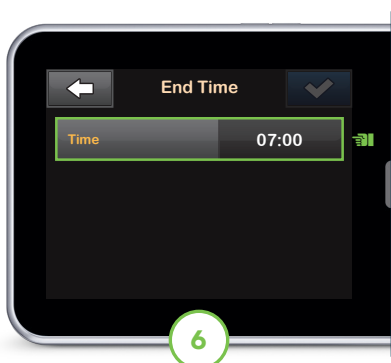
Pump Tip: Control-IQ technology must be on and continuous glucose monitoring (CGM)* session must be active on the pump to start the Sleep Activity.




Tap **Selected Days** then tap on each desired day of the week to schedule Sleep. Tap  to continue.



Tap **Start Time** and then tap **Time**. Use the keypad to enter the desired time. Tap  to continue and then tap  again.



Repeat the same process to configure the **End Time**.

 **Note:** Time selected should be a minimum of 5 hours and reflect the approximate sleep and wake up times.



Tap  to save the settings.

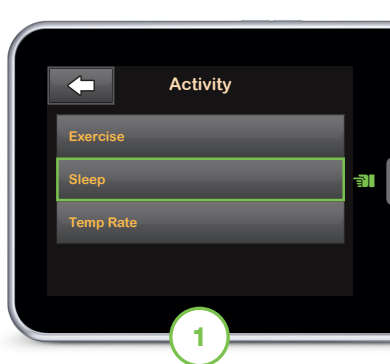
The **SETTING SAVED** screen will appear to confirm.

*Continuous Glucose Monitoring (CGM) sold separately.

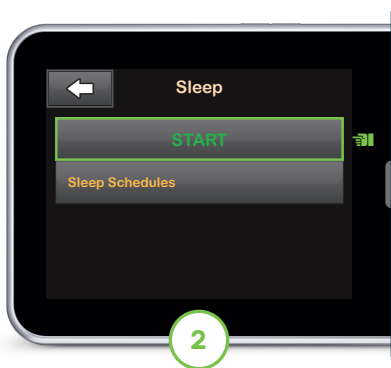


In addition to creating Sleep Schedules, the Sleep Activity can also be manually turned on and off from the t:slim X2 insulin pump.

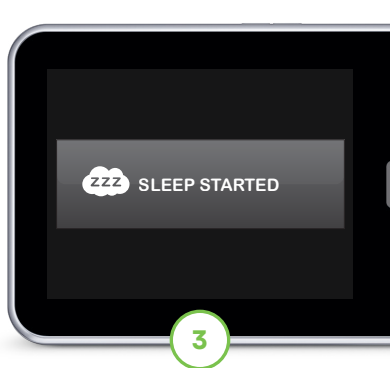
Flip to the back to learn how the Sleep Activity adjusts insulin delivery when enabled.



From the Home screen, tap **OPTIONS** and then **Activity**. Tap **Sleep**.



Tap **START** to manually turn on the Sleep Activity.



Sleep is now enabled.

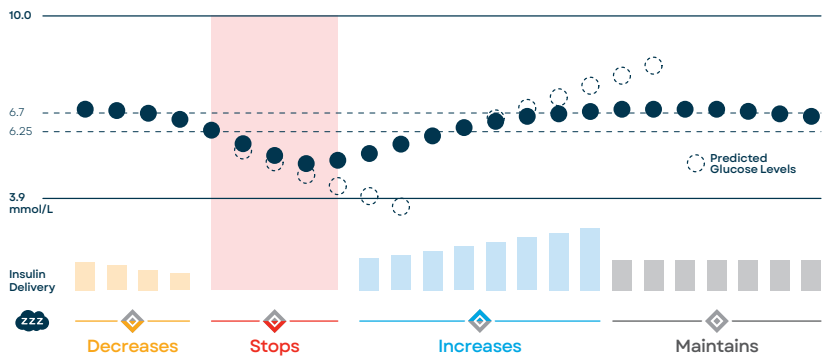
Note: To disable the Sleep Activity, tap anywhere on the Sleep button from the Activity screen.

How it Works



The t:slim X2 insulin pump with Control-IQ technology uses continuous glucose monitoring (CGM)* values to predict glucose levels 30 minutes ahead and automatically adjust insulin every 5 minutes.

When the Sleep Activity is enabled, the algorithm narrows and lowers the range of treatment values to 6.25-6.7 mmol/L when determining whether to decrease, stop, or increase basal insulin delivery.



WARNING: Control-IQ technology should not be used by anyone under the age of six years old. It should also not be used in users who require less than 10 units of insulin per day or who weigh less than 25 kilograms.

*Continuous Glucose Monitoring (CGM) sold separately.

Configuration Settings

- ✓ To ensure that both Sleep Schedules can be saved and enabled at the same time, the two schedules cannot overlap. One or both Sleep Schedules may be disabled at any time.
- ✓ Automatic correction boluses will not be delivered while the Sleep Activity is enabled.



Pump Tip: On the Sleep Schedule screen, the default for Selected Days is always the current day of the week according to the insulin pump.

Responsible Use of Control-IQ Technology

Control-IQ technology does not prevent all high and low blood glucose events, and is not a substitute for meal boluses and active self-management of your diabetes. Control-IQ technology will not be able to predict sensor glucose values and adjust insulin dosing if your CGM is not working properly or is unable to communicate with your pump. Always pay attention to your symptoms and blood glucose levels and treat accordingly.

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ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE. Read the warnings available on amsldiabetes.com.au/resources before purchasing. Consult your healthcare professional to see which product is right for you.

The t:slim X2 insulin pump with Control-IQ technology (the System) consists of the t:slim X2 insulin pump, which contains Control-IQ technology, and a compatible continuous glucose monitor (CGM, sold separately). The t:slim X2 insulin pump is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in people requiring insulin. The t:slim X2 insulin pump can be used solely for continuous insulin delivery and as part of the System. When used with a compatible CGM, the System can be used to automatically increase, decrease, and suspend delivery of basal insulin based on CGM sensor readings and predicted glucose values. The System can also deliver correction boluses when the glucose value is predicted to exceed a predefined threshold. The pump and the System are indicated for use in individuals six years of age and greater. The pump and the System are intended for single user use. The pump and the System are indicated for use with U-100 insulin only. The System is not indicated for use in pregnant women, people on dialysis, or critically ill users. Do not use the System if using hydroxyurea. Users of the pump and the System must be willing and able to use the insulin pump, CGM, and all other system components in accordance with their respective instructions for use; test blood glucose levels as recommended by their healthcare provider; demonstrate adequate carb-counting skills; maintain sufficient diabetes self-care skills; see healthcare provider(s) regularly; and have adequate vision and/or hearing to recognise all functions of the pump, including alerts, alarms, and reminders. The t:slim X2 pump and the CGM transmitter and sensor must be removed before MRI, CT, or diathermy treatment. © 2024 Tandem Diabetes Care, Inc. All rights reserved. Tandem Diabetes Care, Control-IQ, and t:slim X2 are registered trademarks or trademarks of Tandem Diabetes Care, Inc. AMSL is a Dexcom company. PR-100-824 April 2024